

		MONDAY	TUESDAY	WEDNESDAY
WEEK 1	Hot Meals	Chicken Pasta Bake	Spicy Chicken Strips, Onions & Peppers	Sausage Rolls / Cheese & Onion Pasties
		Vegetable Pasta Bake	Spinach & Paneer Curry	Soup of the Day
	Sides	Garlic Bread	Pitta Bread	Crusty Bread
		Mixed Salad	Mixed Salad	Hash Browns / Sautéed Potatoes
	Desserts	Ice Cream	Chocolate Sponge with Sauce	Chocolate Muffin
		Summer Fruit Pot	Shortbread	Jelly Pot
		Fruit	Fruit	Fruit
WEEK 2	Hot Meals	Spaghetti Bolognese	Peri Peri Chicken	Chicken and Vegetable Stir Fry with Noodles
		Pasta with Tomato & Vegetable Sauce	Toasted Cheese, Tuna & Sweetcorn Panini	Spicy Omelette
	Sides	Crusty Bread	Paprika Potato Wedges	Ciabatta/foccacia bread
		Mixed Salad	Coleslaw	Mixed Salad
	Desserts	Chocolate Chip Flapjack	Pineapple Upside-Down Sponge & Custard	Rice Pudding
		Frozen Yoghurt	Summer Fruit Pot	Shortbread
		Fruit	Fruit	Fruit
WEEK 3	Hot Meals	Spicy Chicken Wraps	Chicken Pie	Lamb Lasagne
		Kebab Rolls / Hot Paninis/ Cheese and Onion Pasties	Macaroni Cheese and Garlic Bread	Spinach & Ricotta Tortellini in Pasta Sauce
	Sides	Spicy Wedges	New Potatoes	Garlic Bread
		Baked Beans	Green Beans and Sweetcorn	Mixed Salad
	Desserts	Strawberry Angel Delight with Fresh Cream	Conflake Tart & Custard	Chocolate Mousse
		Chocolate Chip Biscuit	Jelly Pot	Shortbread
		Fruit	Fruit	Fruit

WEEK 4	Hot Meals	Chicken and Vegetable Spaghetti	Roast Tandoori Chicken with Gravy	Lamb Kebabs with Pitta Bread
		Spanish Omelette	Vegetable Pastie	Roasted Vegetables Pizza
	Sides	Crusty Bread	Roast Potatoes	Garlic Bread
		Mixed Salad	Honey Roasted Carrots & Parsnips	Mixed Salad, Cucumber, Yoghurt
	Desserts	Chocolate Muffin	Sticky Syrup Sponge & Custard	Manchester Tart
		Summer Fruit Pot	Frozen Yoghurt	Shortbread
		Fruit	Fruit	Fruit

THURSDAY	FRIDAY
Chicken Biryani	Battered Fish Pollock
Toasted Cheese, Tuna & Sweetcorn Panini	Vegetable Sausages Rolls
Raita	Mashed Potatoes and Spicy Potato Wedges
Mixed Salad	Buttered Carrots, Garden Peas
Apple Crumble & Custard	Chocolate Crispy Crunch
Chocolate Chip Biscuit	Frozen Yoghurt
Fruit	Fruit
Chicken Curry	Beef Burger in a Brioche Bun
Vegetable Curry	Vegetable Burger in a Brioche Bun
Pilau Rice	Chips
Mixed Salad Cucumber Yoghurt	Coleslaw
Jam Roly Poly & Custard	Trifle
Jelly Pot	Chocolate Chip Biscuit
Fruit	Fruit
Chicken Lentil Curry	Chicken & Vegetables Pizza
Tuna Pasta	Cheese & Tomato Quiche
Rice	Sauted Potatoes and Spicy Potato Wedges
Mixed Salad, Crusty Bread	Baked Beans
Jam & Coconut Sponge & Custard	Chocolate Brownie
Frozen Yoghurt	Summer Fruit Pot
Fruit	Fruit

GRAB & GO
Cheese & Tomato Toasties
Baked Potato with Assortment of Fillings
Assortment of Sandwiches & Baguettes

Chicken option	
Fish option	
Lamb/Beef option	
Vegetarian option	
Side option	
Dessert	
Fruit	

Chicken and Vegetable Stir Fried Rice	Chicken Burger
Cheese & Onion Quiche	Chickpea Curry with Pitta Bread
Hash Browns	Baked Wedges
Baked Beans	Coleslaw
Carrot Cake	Chocolate Angel Delight with Fresh Cream
Jelly Pot	Chocolate Chip Biscuit
Fruit	Fruit